

Vaccines can help protect adults too

Thousands of adults die every year in the US from diseases or their complications that vaccines can help prevent. Many more get sick and miss work. They may infect other people.

You probably got vaccinations as a child. But you may need more because:

- Some vaccinations given in childhood may not help protect you for the rest of your life
- New vaccines have been developed that were not around when you were a child
- Adults may be at greater risk for some vaccine-preventable diseases or their complications
- Vaccination may not result in protection for every adult vaccinated

The Centers for Disease Control and Prevention (CDC) recommends vaccinations to help protect adults. Not all vaccines are recommended for all adults. Talk to your healthcare provider about which vaccinations are right for you.

Vaccination	Helps protect against
Tdap	Tetanus, diphtheria, and whooping cough (pertussis)
HPV	Human papillomavirus
Varicella	Chickenpox
MMR	Measles, mumps, and rubella
Influenza	Flu
Hepatitis A	Hepatitis A
Hepatitis B	Hepatitis B
Meningococcal	Meningococcal diseases
Pneumococcal	Pneumococcal diseases
Zoster	Shingles

Ask your healthcare provider about vaccines you may need!

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